

TIME TO UPDATE YOUR VIAL OF LIFE MEDICAL INFORMATION

MONDAY	TUESDAY	WED	THURSDAY	FRI
2 ARROZ CON POLLO Tossed Salad Seasoned Asparagus Apricots	3 BEEF AND BROCCOLI STIR FRY Steamed Brown Rice Steamed Carrots Pineapple Tidbits		5 ENCHILADA PIE Sliced Tomato on Lettuce Sliced Yellow Squash Mixed Fruit	
9 SMOTHERED CHICKEN Cornbread Stuffing Seasoned Cauliflower Broccoli Mix Applesauce Waldorf Salad Whole Wheat Bread with Margarine	10 SPAGHETTI AND MEAT SAUCE Tossed Salad with Lite Italian Dressing Seasoned Green Bean Orange		12 MEATLOAF WITH GRAVY Cheesy Potatoes Seasoned Green Beans Pineapple Tidbits	
16 Martin Luther King Day No Meal	17 BBQ CHICKEN Spinach Mandarin Orange Salad Potato Salad Peaches Cornbread with Margarine		19 SPINACH LASAGNA Tossed Vegetable Salad Seasoned Green Beans Tangerine	
23 HAM & BEANS Cut Broccoli Parslied Carrots Orange Juice – 4 oz, Cornbread with Margarine	24 PORCUPINE MEATBALL Whipped Potatoes with Gravy California Vegetable Medley Almond Peaches		26 TUNA NOODLE CASSEROLE Mixed Vegetables Sliced Zucchini Squash Sliced Peaches	
30 HUNGARIAN GOULASH California Vegetable Medley Green Peas Pineapple Tidbits	31 KIELBASA Parsley Buttered New Potatoes Mixed Vegetables Baked Acorn Squash Pineapple Mandarin Compote		<i>Milk served with all meals. Most meals served with Whole Wheat bread & margarine</i>	

~ **Please call (719) 783-9508 before 9:30 a.m. for reservations.** ~ Congregate Meals and Meals on Wheels served Monday, Tuesday & Thursday at noon. All menus subject to change.

CLIENT GRIEVANCE

If an individual believes he/she has a grievance with the service they have received from either the Upper Arkansas Area Agency on Aging (UAAAA) or a service provider contracted through the UAAAA, he/she may submit a written complaint to the Director of the Area Agency on Aging within five (5) working days after the occurrence of the problem, explaining the nature of the grievance. Please submit to Area Agency on Aging, 139 East 3rd Street, Salida, CO 81201. Tel: 719-539-3341

VIOLATION OF GRIEVANCE PROCEDURE

When a client takes a grievance outside the Area Agency on Aging without first attempting to resolve the grievance(s) in accordance with the grievance procedures outlined above, the client risks having the grievance denied and may encounter a delay in resolving the problem.

A copy of the complete Grievance Process is available upon request.

APPEALS PROCESS

Any person, who feels he/she has been denied service by the Upper Arkansas Area Agency on Aging or a contractor of the UAAAA for any reason, has the right to appeal the decision.

A copy of the Appeals Process is available upon request.

CONTRIBUTIONS

Any individual receiving services funded through the UAAAA with (Title III Older Americans Act) shall have the opportunity to contribute to all or part of the cost of the service(s) provided.

Each individual recipient shall determine for him/herself if and what he/she is able to contribute toward the cost of the service. No individual shall be denied a service or the service be limited because of not contributing to the cost of the service.